

* News of Blue *

An informal newsletter for Blue Mountain Lake residents, friends and all who want to nurture the town and to protect the Eckford Chain: Blue Mountain Lake, Eagle Lake and Utowana Lake

Blue Mountain Lake, NY

July 2019

Brew Pub in Blue



Jason Sahler, right, is bringing his Brooklyn pub to Blue Mountain Lake. Namaste!

The most asked question in Blue today must be “When’s it opening?” The answer: “Stay tuned. Any day now.”

“It” is the Strong Rope Brew Pub, tucked into the old Elbow Room at Potter’s at the junction of 28 and 30. Jason Sahler, nephew of Potter’s owner Pete Sahler, is opening a branch of his Gowanus, Brooklyn, Strong Rope Brewery here in Blue. “Jason brews his own beer in Brooklyn,” says Pete Sahler, “and will be sending it up here.” The BML Strong Rope will also serve red and white wine and some spirits, all made with only New York ingredients. (Jason graduated from New York University with a degree in Sustainable Development.)

Brew Pub see page 6

Feeling guilty about your septic?
It’s time to get it cleaned,
at 50 percent discount!
Everybody wins.
See page 3



Lake still healthy – salt and invasives top list of threats

For over 25 years, Water Watch has monitored the quality of water in Blue Mountain Lake, under the Adirondack Lake Assessment Program (ALAP*), organized by Protect the Adirondacks and Paul Smith’s Adirondack Water Institute (AWI*).

Fortunately, over this period, Blue Mountain Lake has maintained its excellent quality, by most

measures. But we must continue to be watchful. Presently, two of the greatest threats we face for our precious lake are 1) invasive species and 2) salinization of the water.

1) By one predictive model, the risk of invasion by nonnative species in Blue Mountain Lake is very high—it is considered the eighth riskiest lake in the Adirondacks. This is why Water Watch has encouraged and supported the inspection programs at the Boat Livery and Curry’s Cottages.

2) Although contamination with nutrients from improper treatment of sewage was and remains a concern of Water Watch, it turns out that presently salt contamination of the water may be a more significant risk. While nutrients in the lake

Threats.....see page 7

**Blue Mountain Lake
Association
Annual Meeting 2019
Thursday, August 8
7 PM, Art Center, BML
Everyone is welcome!**

** to make sense of acronyms, see page 5*

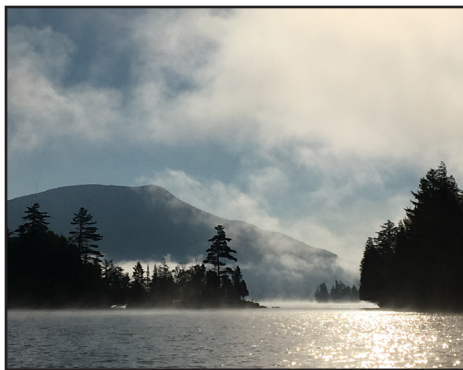
Fresh veggies and such

Twice a week this summer, there's a farmers market in Indian Lake:

- Saturdays, 10-2, at the school
- Wednesdays, 12 to 3, at Pine's

The stand that was in Blue last summer, Hope Valley Farm, is at both. If you have a large or special request, you can order ahead from Hope Valley. Call 518-863-4711.

Just in: Blue Line Market will carry produce from Mapview Produce. Deliveries to the market will be Tuesdays and Thursdays. ✱



Greetings,

This is the second occasional newsletter for Blue Mountain Lake reporting on some current issues of its hits, hopes, health and happiness. We want to spread news, promote events and share thoughts on the state of our precious land and waters. Please contribute your announcements, insights, observations—and maybe even jokes. Email to:

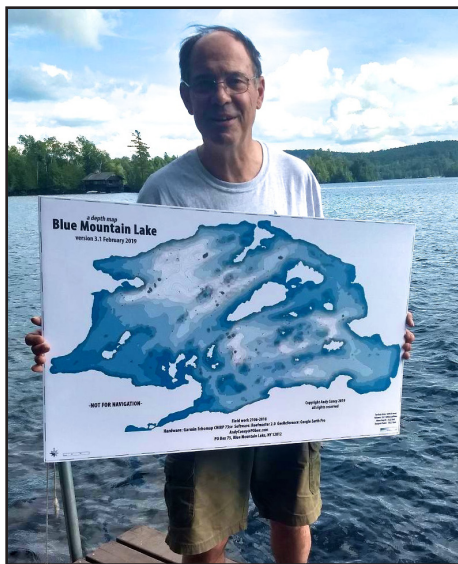
*Paul Monroe:
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mheldmann@achieveinst.com
or me: meakaem@aol.com*

*Thanks,
Mea Kaemmerlen, editor*

P.S. Please forward this to anyone interested or send us their email address and we'll put them on the list.

Andy's new maps: #1



Andy Coney displays his splendid new map of the bottom of BML.

Useful and Gorgeous: Depth Map of Blue Mountain Lake

Divers, amateur geologists, anglers and anyone with curiosity will enjoy the new depth map of Blue Mountain Lake. The brilliantly printed contour map reveals dramatic underwater terrain a boater can't even imagine. Sharp cliffs tumble into cavities; giant glacial erratics are scattered erratically; and unseen underwater ridges link some islands while deep holes separate others.

Blue Mountain Lake straddles the divide between the Saint Lawrence and Hudson watersheds and is ringed by mountains whose slopes continue below the surface. An enormous northeast to southwest glacial groove runs under West Bay and includes the lake's deepest spot. That low point is 102.7 feet down with a huge erratic nestled in it.

Andy Coney, a lifelong Blue Mountain Lake paddler, rower, sailor and therefore a bottom-watcher, was inspired to create the map af-

ter overhearing Jay Scott and Jamie Roblee talk one morning about high-tech fish finders.

The map incorporates thousands of GPS/Depth points recorded by Andy over a long period. After equipping a guideboat with his brother-in-law Drew Forhan's fish finder, Andy set off for weeks of rowing along the shores of the

Interesting statistics have come from the project. Blue Mountain Lake's water area, excluding islands, is 1249 acres. Its average depth is 33.3 feet and the basin holds 28.7 billion gallons.

lake and all 38 islands. Then, with his equipment, he shifted to a small outboard and so began many more weeks of crisscrossing and measuring. By November 2016, the recording was done but two-and-a-half years more were needed to learn the Reefmaster software well enough to make a printable version. Finally in February of this year, the map debuted at the Adirondack Lakes Center for the Arts' Winter Benefit where a large framed print, the first copy seen in public, was auctioned for \$375 and hangs now at Steamboat Landing.

Interesting statistics have come from the project. Blue Mountain Lake's water area, excluding islands, is 1249 acres. Its average depth is 33.3 feet and the basin holds 28.7 billion gallons.

Gorgeous framed prints of the depth map in large and medium sizes are now for sale at the Adirondack Lakes Center for the Arts in Blue Mountain Lake. Unframed 12x20 prints, a handy size to take out on the lake, are available for \$30 at both the Arts Center and Blue Mountain Lake's Blue Line Market. ✱

Septic Tank Pumping Important — and Now Costs Less

Win-win project offers major discount for pumping out your septic

Community groups and a local septic service company are cooperating to provide discounted septic system pumping to homeowners in the Eckford Chain watershed, which includes Blue Mountain, Eagle and Utowana Lakes. Eckford is the headwaters of the Raquette River.

The program is a joint effort between the Blue Mountain Lake Association, Water Watch and the Blue Mountain Lake Fund with services provided by J H Schrade Enterprises of North Creek.

While Blue Mountain Lake has

understanding of how it works in the country. This program will encourage camp owners and residents to start now with the small step of a pump-out, instead of putting off action to a vague future or waiting for their drains to back up.

And, the program will help demonstrate that septic pumping is affordable even without a discount. J H Schrade Enterprises charges \$290 for the service which includes both pumping and inspection.



The goal of this program is to enhance awareness about septic and sewage issues and to inspire homeowners with septic systems to take timely action, perhaps learning the location of their tank and leach field for the first time.

some of the highest quality water in the state and there is no immediate threat, cottages and houses—some with systems that are quite old—grace the shorelines and tributaries. These systems need pumping, at least occasionally. Then they work more efficiently and do less harm to the environment.

The goal of this program is to enhance awareness about septic and sewage issues and to inspire homeowners with septic systems to take timely action, perhaps learning the location of their tank and leach field for the first time.

Many camp owners who live in a city where sewage disappears, to be processed elsewhere have little

understanding of how it works in the country. This program will encourage camp owners and residents to start now with the small step of a pump-out, instead of putting off action to a vague future or waiting for their drains to back up.

Under this initiative the homeowner pays 50 percent, and the Blue Mountain Lake Fund's grant covers the remainder, up to \$145. Recently, several families have made significant investments in septic improvements and deserve commendation. Others may be motivated by this simple first step to take similar action.

So, for 2019, the program's goals are modestly to inspire twenty households to have their systems pumped. Private, non-commercial properties in the watershed which have not been pumped in five years are eligible.

An oversight committee representing each organization will

maintain a list of participating eligible properties. A homeowner should start by scheduling a visit from J H Schrade and asking a member of the oversight committee to add them to the list.

The inspection, including a recommendation for future pumping intervals, is entirely confidential between J H Schrade and the homeowner. Results are not shared with government agencies nor with the oversight committee.

When the J H Schrade driver comes for a first visit, if the tank's access cover is easily uncovered, the tank will be pumped out. Otherwise the driver will indicate where to dig. Homeowners can dig the hole themselves, a fun family activity, or can pay J H Schrade for that service.

If you own a house in the Blue Mountain, Eagle and Utowana Lakes watershed, this is a great opportunity to do good for the environment at low cost. Call J H Schrade today at 518-251-3115 to schedule a visit and ask a member of the oversight committee, Christine Blakeney, Ellen Butz or Andy Coney, to add your name to the list.

— Andy Coney

The Hedges

The Hedges has changed hands, but is still eager to have those not staying come for breakfast and dinner. YUM! Call 518-352-7325 for reservations. It also has cabins available most of the summer. *

Calendar

Saturday, July 27, 6 to 9 pm

Adirondack Experience Benefit Gala and Harold K. Hochschild Award. <https://www.theadkx.org>

Sunday, July 28, registration 8:30 to 10. Race 10:30

BluMouLA-BuFuRa

14-mile, 7-mile, and 1.5 mile paddling races on Blue, Eagle and Utowana. www.bmlbuoyrace.com

Thursday, August 8, 7:00 pm

Blue Mountain Lake Association annual meeting at the Adirondack Lakes Center for the Arts.

Sunday, August 11, registration 7 am; walkers start 8:20 am; 5K run 8:30 am

Blue Mountain Sizzler, hosted by the Blue Mountain Lake Association. 5K running and walking race. First 60 registrants get running shirt. www.bluemtsizzler.com

Sunday, August 11, 3 to 7 pm

Great Arts Benefit, a benefit for the Adirondack Lakes Center for the Arts at Great Camp Huntington on Raquette Lake. www.adirondackarts.org

Tuesday, August 13, 7 pm

Indian Lake Town Meeting, in the firehouse

Sunday, September 1, 8:30 am

Water Watch meeting at Prospect Point. Breakfast begins at 8:15.

Friday-Sunday, September 7 through 9
90-Miler Canoe Classic, coming through the Eckford Chain. Volunteers needed.

Blue Mountain Designs growing quickly



Frances Smith displaying cinnamon scones at Blue Mountain Designs

Kathleen Peartree Moon and Elizabeth Kentra Gorey are going gangbusters in the 1895 schoolhouse which has been Blue Mountain Designs over 50 years.

A bevy of attractive new items fill the gift shop and art gallery, and its handsome new café has about



BMD's side garden has comfy chairs, picnic tables, bean bag toss and occasional music.

the best cinnamon scone ever (recommended by barrista Frances Smith, granddaughter of Francie Armstrong). The café offers roasted coffee, breads, baklava, soups (the tomato feta is just right), chili and more. You can sit with your laptop or friends both inside and out. The delightful side yard has become a gathering place, with Adirondack chairs, picnic tables, and lawn games.

What's in the works? A wine and bottle shop in the adjacent Moss Cottage. *

Durant now has a boat wash station

Lake still free of invasives, in part thanks to strict boat launch monitoring



Lance Gocke of Long Lake mans the boat wash at the Lake Durant pull-out. The day of the photo (July 13), Lance and his fellow worker had surveyed and washed four boats by 2 pm. The boats were heading to launch into Blue Mountain Lake.

BML now has three staunch defenders against aquatic milfoils and other invasive plants. The boat inspection stations at Curry's and the BML Boat Livery (thanks to both of them!) have been joined by an **inspection and wash station at the Lake Durant parking pull-out**. It involves a simple procedure of survey and wash, and the hard surface ramp is suitable for trailer boats. *



Jake Collins is one of the 2019 BML lake stewards, the other being Ava Anderson. Everyday, they patrol the lake, speak with campers, and scour the lake for fires, invasive aquatics and other problems. So far this year, they've found no major issues.

BMLA Annual Meeting

The annual meeting of Blue Mountain Lake Association is August 8th at 7 PM at the Art Center. Please join us—all are welcome! If you are not a member of BMLA, consider becoming one for only \$25. Join online at www.runreg.com/bmla-2019 (with a \$1.50 service fee). Or through the mail at Blue Mountain Lake Association, P.O. Box 245, Blue Mountain Lake, NY 12812. Please share your email address to receive updates about BMLA.

The Blue Mountain Lake Association is a community-based group dedicated to the preservation and enhancement of the economic, cultural, and physical facets of the Blue Mt Lake community for the benefit of current and future generations.

Paul Monroe, chair
Andy Coney, vice-chair
Barbara Sullivan, treasurer
Pamela Aall, membership
Mary Lynne Heldmann
Sarah Lewin
Kathy Radler
Christine Pouch
Ellen Butz
David Kahn
Bob Curry
Ralph Coon

Next Water Watch Meeting

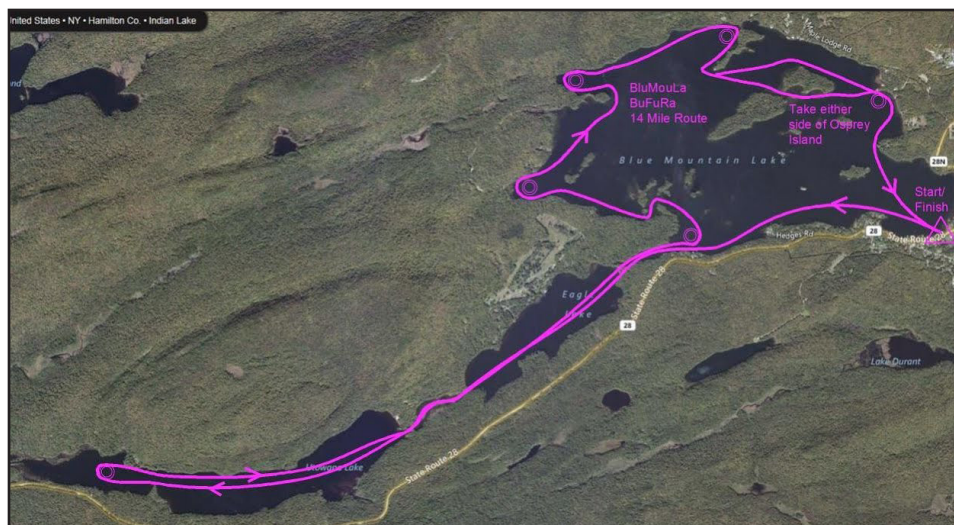
Prospect Point welcomes all on Sunday, September 1, at 8:30 am for the summer's second Water Watch meeting. Delicious breakfast begins at 8:15 am.

Water Watch is a group of community members, working with and through the Blue Mountain Lake community, to maintain the high quality of the Eckford Chain waters and shorelines. The group is seeking interested board members. For more information or to join, contact Dick Cunningham at rcunningham@passonnopaints.com

Mary Lynne Heldmann, co-chair
Paul Monroe, co-chair
Dick Cunningham, treasurer
Lee Williams, secretary
Christine Blakeney
Phyllis Georges
Charlie Pietrow *

BluMouLA–BuFuRa

“If you can paddle it, bring it.”



The course of the BluMouLA–BuFuRa race on July 28.

Known as “the prettiest darn race in America” and now in its fourth year, this is an Adirondack canoe race which—at 14 miles, 7 miles, and 1.5 miles—is shorter and easier than its name! This year, on Sunday, July 28, canoes, kayaks, shells, paddleboards, guideboats and outrigger canoes will compete in races on Blue, with Eagle and Utowana Lakes included in the 14-miler. The race course travels across sparkling

water, through broad bays and narrow channels, and is ringed by spectacular scenery.

The race is sponsored by the Blue Mountain Lake Association with proceeds going to maintain shoal buoys in the lake.

What does **BluMouLA–BuFuRa** mean? **Blue Mountain Lake Association’s Buoy Funding Race.**

For more information, see www.bmlbuoyrace.com *

So many acronyms.....

ALAP – Adirondack Lake Assessment Program. A partnership between PROTECT and AWI. (<http://www.protectadks.org/programs/lake-assessment-alap/>)

APIPP – Adirondack Park Invasive Plant Program. Supported by the New York State Environmental Protection Fund. The Adirondacks is one of its eight “prisms” (sections) within the state. (adkinvasives.com)

AWI – Adirondack Watershed Institute. Part of Paul Smith’s College. In its 21st season of monitoring the water quality of dozens of lakes and ponds across the Adirondacks. Monitors Blue Mountain Lake every third year. (www.adkwatershed.org)

BMLA – Blue Mountain Lake Association is a community-based group dedicated to the preservation and enhancement of the economic, cultural, and physical facets of the Blue Mountain Lake community for the benefit of current and future generations.

PROTECT – Protect the Adirondacks. Headed by BML’s Peter Bauer, this grassroots membership organization is dedicated to the protection, stewardship and sustainability of the natural environment and human communities of the Adirondack Park and the New York State Forest Preserve. (<http://www.protectadks.org>)

WW – Water Watch is a group of community members, working with and through the Blue Mountain Lake community, to maintain the high quality of the Eckford Chain waters and shorelines. *

Full Steam Ahead for Steamboat

Family team in place



Ethan, Sarah and Jeff Vander Molen are the new welcoming committee at Steamboat Landing.

Jeff and Sarah Vander Molen and their son, Ethan, have been pretty busy since January when they bought Steamboat Landing from Kim and Ernie LaPrairie. But they can multitask. In the midst of renovating rooms and cottages for dozens of guests, they wowed BML with splendid Fourth of July fireworks, joining the Booth family in their traditional display. A big thanks to both families.

The Vander Molens are from Hawthorne, NJ, but have close ties in Blue. Sarah started coming to the Hedges in 1973 and when Jeff fell for her, he also fell for the mountains. They bought an extended-family

house, then bought their own house, then bought Steamboat, primarily because they want to share Blue with family, friends—and now with guests. “It’s a labor of love,” says Ethan, 20.

The history fascinates them and a History Wall will commemorate the time when the 1886 building was a pole barn, housing most famously, the Tuscarora, the steamboat taking passengers from Utowana to the elegant resorts on Blue Mountain Lake.

We’ll all miss the LaPrairies’ Outfitters store and popular cabins, but we give a hearty shout-out to the Vander Molens and their commitment to Steamboat and to Blue. *

Andy’s new maps: #2

Uncle Andy’s Famous Waterproof Shoal Map

Records “a lifetime of hitting rocks so you won’t have to”

For boaters concerned about what lurks near the surface of Blue Mountain Lake, there’s now a new 10 x14 inch waterproof shoal map. Created by Andy Coney, the shoal map reflects “a lifetime of hitting rocks so you won’t have to.”

Known rocks are marked with an X and rocky areas to avoid are indicated with crosshatching. The map includes historic names for the major shoals, such as Shearing Pin, Sunken Islands, and the ever profanity-inspiring Expletive Shoal. State-owned islands open to the public are named with the authorized primitive campsites shown. Even the hard-to-find lakeside trailhead to Castle Rock is included.

Available for \$7 at the Blue Line Market in Blue Mountain Lake and

The map includes historic names for the major shoals, such as Shearing Pin, Sunken Islands, and the ever profanity-inspiring Expletive Shoal.

printed on waterproof material, the map is cheaper than a new propeller. Every motor and sailboat on Blue Mountain Lake should have a copy on board. *

Brew Pubfrom page 1



Seating will be cozy and variable, with benches, armchairs, couches, and stools. This year, the pub serves no food, but patrons can bring food in. The Blue Line Market (old Cor-

ner Store) can provide catering.

The Sahler family has a warm spot for Potter’s, having spent many summers here, and is eager to share its history. Connie Sahler, who married Pete less than a year ago (she grew up Connie Dingee in Indian Lake) is staging photos, postcards and

other memorabilia around the pub.

What’s with the name? Jason had a few ideas, including “The Drunken Sahler,” but thought better of it and named his brewery Strong Rope in honor of his very good friend and inspiration, Eric Ropiteau, who died on 9/11. Eric’s nickname was “Rope.” *

Threats.....from page 1

water have not changed in 25 years and remain at a low level, the water in BML is saltier than 86 percent of the lakes tested in the Adirondacks.

In order to understand this problem better, Water Watch with the Adirondack Watershed Institute (AWI) has placed monitors in the five streams that feed Blue Mountain Lake. These monitors measure the quantity of water in the stream and the salt content of the water every 30 minutes all year round. For example from these measurements, we calculated that Museum Brook, due to its drainage of the hill road, drains about 300,000 pounds of salt a year into Blue Mountain Lake. We hope to use these measurements to encourage the Department of Transportation to investigate using new techniques to keep the roads safe while using less salt.

Salt issues in our streams and wells are being recognized as important Adirondack issues. We encourage you to stay informed and to support our efforts by joining Water Watch (see page 5).

— Paul Monroe

“Won’t you be my neighbor”

NextDoor is an online private social network that allows neighbors to communicate easily with each other. Blue Mountain Lake started a Nextdoor site, and many have already joined, sharing all kinds of good information. Do you want to know about the Farmers Market or recycling? Join up! If you have trouble getting on, contact Paul Monroe or Andy Coney, and they will guide you: paul@drpaulmonroe.com or AndyConey@PObox.com. Take a look: <https://bluemountainlakeny.nextdoor.com> *

Blue Line Market

The little store with a big presence



Bill Parent, proprietor, and market clerk, Ava Anderson, stand in their Blue Line Market t-shirts at the ice cream window at the intersection of Rte 28 and 30.

Is it the Ol’ Station or the Corner Store? Neither. It’s now the Blue Line Market, run by Bill and Frances Parent. For years, in Inlet, they’ve had a gift shop and coffee house and, a couple of years ago, bought Flip Joyce’s Corner Store. Flip and his father, Joe, before him, had run the store and gas station since the 1940’s.

Now in its second year, the Blue Line Market looks inviting, cheerful and well stocked.

What’s it like to run a small store in the North Country? “Hard,” says the always cheerful Bill. “For one thing, it’s hard to get delivery service. The big companies, like Frito-Lay, won’t stop at small plac-

es. I see the trucks going right past us.” He says it’s also hard to anticipate demand and keep a reasonable inventory. “Now, at the close of the season, we give our leftovers to the food bank in Indian Lake. Seems crazy, but it’s better to start from scratch every year.”

Lots of items in the market are made nearby, “I love buying locally,” Bill says. Their collection of soap is locally made as is Rachel’s Bloody Mary Mix whose flavors include Asian Inspired and Indian Curry. His ice cream now is Battenkill, and controversy rages over the best flavor. Strawberry! No! Chocolate Chunk! No way! Almond Joy!

The most popular sandwich is the Backpacker, made with Oscar’s smoked turkey and Frances Parent’s original cranberry sauce.

Bill keeps his ear to the ground. “Fishermen come in early for worms and breakfast sandwiches and tell me where’s the good fishing.” This spring, a group of volunteer hikers came in to order lunch. They were on their way up Blue Mountain to repair the steps on Blue’s fire tower. “You never know who’s walking in next.” *

WIDE RIVER TOO

Is Pat Benton slowing down? She certainly deserves a rest after having successfully handed over her beloved Hedges to long-time patrons.

But no. She’s onto bigger things, namely, she’s moved her antique shop Wide River from Long Lake into the expansive former lobby and dining room of the main building of Potter’s, right next to the Strong Rope. “The shop,” she says, “includes a wide range of Adirondack

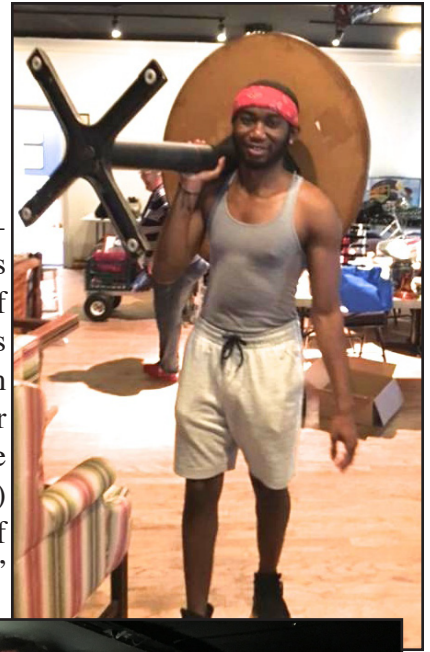
gatherings including furniture, accessories, fishing gear and many ‘just for fun’ items. If someone isn’t collecting in the Adirondack style then there is an abundance of other treasures of various ages and tastes.” Yes, it’s a little dangerous. This editor and her sister went in to deliver a message for Francie who works there and emerged carrying two delightful pieces of furniture! *

Adirondack Lakes Center for the Arts Annual Auction on July 5

*It was a lively, fun and successful event,
bringing in to the art center almost \$8,000.*



Above: Sorters Sherry Nemmers and Francie Armstrong look somewhat overwhelmed by the array of donated items, but, as they say, someone's trash is always someone else's treasure!



Right: Actor Myles Wright of Atlanta pitches in, between rehearsals for "Macbeth" (he plays Macduff) and "Leader of the Pack."



Right: Auctioneer Ben Strader and Sheila Hutt at the podium.



Above: Bidding was sometimes fierce during the one-and-a-half-hour auction.

Right: Kathleen, Sarah and Ellen Collins doing the important work: recording bids and taking money.



Below: Al Pouch talks Jake Collins into a hamburger while, in the back, Jordan Hornstein volunteers as grill chef.



Above: Outside at the yard sale, Tom Warrington and Betsy Folwell check out the goods.



A very tasty morsel

Two years ago, the Blue Mountain Lake Association had an eye-opening presentation on the EurAsian milfoil, a dastardly invasive aquatic plant and a major threat to the health of the Eckford Chain including Blue Mountain Lake. After the meeting, summer resident Jack Crowe said, “We could market the milfoil as ‘the new kale’ and every Manhattan restaurateur will come running.”

Has anyone come up with a winning recipe? Yes—one anonymous submission, internationally sourced and illustrated. (It’s from someone a lot of us know....)

Enjoy—and please read it thoroughly for maximum pleasure and entertainment. It is a very tasty morsel.



Adirondack Invasive EurAsian Milfoil Medley

Feeds 32 hungry Adirondack Bark-Eaters

NOTE: If possible, use only Adirondack Invasive EurAsian Milfoil. The more extensive and ubiquitous Wisconsin or Minnesota Milfoil cannot be substituted and must remain in-situ in state-appropriate lakes. If you substitute Finger Lake Milfoil, the amounts must be doubled and may drastically impact sulfite content (since residents of this region have not been vigilant in utilizing their milfoil).

Step 1 Scoop Sino-Soviet chicken Bang Bang into 2-gallon mixing bowl. Spread unevenly Hispano-Korean sushi vinegar and Ukrainian okonomiyaki with mustard film and 3 sprigs of Adirondack Invasive EurAsian Milfoil with 1/8 inch of Thai Pad Kee coconut. Brown lightly on both sides. Do not blanch, singe, caramelize or char. Dice Vietnamese Chap Chee Bulgogi and one oz. Adirondack Maple syrup into the bowl; stir in garlic Biminbog; salt and pepper to taste and set aside on salted Siberian ice.

Step 2 Cut 1,078 milligrams of Malaysian maki kushioyako and 12 oz. of Adirondack Invasive EurAsian Milfoil into serving pieces, and turn it in the flour. Place in a pie dish. Fry 3 Northern Irish onions and 2 North Korean détente spring mushrooms until lightly colored; then add them with their juices to the center of the pie dish. Tuck Turko-Taiwanese grilled bacon around the flour periphery and whisk quartered hard-boiled Deviled eggs lightly covered with chunky peanut butter into the gaps. Pour in a half-pint of stock and 58 milliliters of Adirondack Maple Syrup. Cover with Adirondack Invasive EurAsian Milfoil and brush with a deftly beaten one-year-old egg. Do not marinade, sauté or do-do-sot-bim-bam-bat! Finish this step by placing in individual Danish pastries. Set aside in a Dutch oven.

Step 3 Amputate the tough, dark-green parts of 15 Filipino leeks with a Swiss Army knife and discard them. Slit the remaining parts halfway down to facilitate washing them, and after they are well washed, cut each in two to separate the greenish parts from the white of the leek. Put the white parts aside to soak overnight in 1 pint of Adirondack Maple Syrup and dried essence of Adirondack Invasive EurAsian Milfoil sprinkled with cumin. Wash hands for 2 minutes and then coarsely chop the green parts into a medium firm bed of 777 grams of Adirondack Invasive EurAsian Milfoil. Peel 3 Afro-Cuban peaches, put 2 aside and coarsely chop the third. Crush 4.5 cloves of garlic soaked overnight in sesame miso in a 7-pound round mortar eschewing the pestle for a hand-carved sphere of Norwegian Wood. (Note: occasionally old Beatles may be present in the wood.) Lightly season with Chengdu Yum Yum and place in an antique Moorish tagine from the Plain in Spain.

Step 4 Remove the dough from the Dutch oven, and let it stand until it is pliable enough to roll without cracking like a Kaiser Roll or French Baguette. On a lightly floured surface, roll the dough into a 14- to 15-inch circle about 1/8-inch thick, rotating and dusting the surface with flour to keep it from sticking. Brush the excess flour from the rolled-out circle, fold the circle into quarters, and transfer it to an Italo-Peking pie pan. Unfold and ease the pastry into the pan without stretching it, using only a counterclockwise motion. Trim the overhang to about 1-inch with pinking shears. Turn the excess dough under and flute or crimp the edge. Drizzle with Adirondack Maple Syrup and hearts of Adirondack Invasive EurAsian Milfoil. Place on the top shelf of the refrigerator for 14 minutes.

Step 5 Place 9 cups of 1000-year-old wonton noodles and 7 radially-oriented Uzbek-Siamese Twin Chicken Eggs sunny-side-up into the melded Eurasian Donburi of steps 1 through 4 in a shallow roasting pan. Scatter or bedeck (your choice) essence of Adirondack Invasive EurAsian Milfoil around the presentation dish, making sure that frozen 1-centimeter spheres of Maple Syrup remain inside the cavity of the outer layer of the presentation dish. Rub (do not baste or slather) the surface of the dish with microwave-softened butter (do not simmer or braise). Pour any remaining marinade in the center of the presentation, placing cinnamon sticks and a few cloves in standard anti-radial format. Cover the pan loosely with a hint of Adirondack Invasive EurAsian Milfoil. Combine all containers in a presentation array surrounding a small hand-carved Guide Boat and sprig of hemlock and serve after placing inside a clearly demarcated Blue Line. ✱